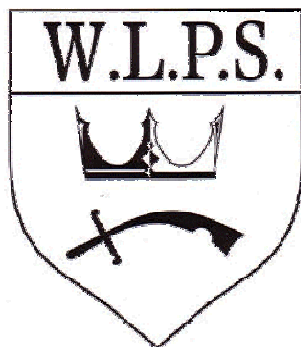


Autumn Term
20th November
2015



Dear Parents and Carers,

At the back of the newsletters I have put some information about helping you to help your child read. This week, I have put information about how you might support your child with their Grammar. These helpful hints for parents will be collated and put in a booklet from the office.

Have a great weekend.

WW2 Sleepover!!

This is an article about yr. 5 & 6's sleepover at the School, where they learned about how the evacuees were treated and cared for. Mrs Priole and Mr King were the Billeting Officers who helped take care of the evacuees for a whole night. But of course they had help from Wonderful Ms Soundy, Mr Walton, Mr Pringle, Mrs Wilson and Ms Lizzimore. These fantastic helpers kept us safe. During This phenomenal experience we watched Goodnight Mr Tom, one of the WW2 style films. Rhianna stated that the food was very nice but could use some taste, unfortunately the couldn't add any extra flavour. Yet I loved the film and would watch it ten times. The night was long and tiring, many of us barely being able to sleep because of the racket and new sleeping terrain. Many of us were awoken by the air raid siren at 6am, others by the teachers when they slept through the alarm. The alarm woke most of the yr. 5 & 6 girls. Plus after Goodnight Mr Tom we got 1 biscuit and hot chocolate before going to bed on what some called uncomfortable harsh flooring!. Then we woke up and had breakfast of cereal, toast and tea. A delicious WW2 meal related to us now. (report by Holly & Dolly)



Netball match

On Monday the 9th Nov Woodham Ley played a Netball match versus Holy Family School. In the first half we made some inaccurate overhead passes, some chest passes and we lost the ball a few times as we had it for more than 3 seconds. When it was the second half Mrs Hopkins told us to do more bounce passes and we did. When we did more bounce passes it was easier to shoot and the end result was 13-1 Win to Woodham ley. Player of the match was Billy. Everyone enjoyed the game. Thank you also to all our spectators who came to cheer us on. (Report by Billy)

Peggy's Café

On Monday 16th November, Reception visited Peggy's Café for breakfast. The children were extremely well behaved and the staff commented on their impeccable manners. We'd like to say a huge 'thank you' to the staff of Peggy's Café for making us feel so welcome.

Key Stage 2 Christmas Sing-a-long

We are inviting you to the annual Christmas carol sing-a-long on Tuesday 15th December, 1.30pm at St George's Church. More details will follow.

PTA Fashion show

Last night, our Woodham Ley fashionistas strutted their stuff on the catwalk in aid of raising money for the school—and picking out their disco outfits for next week! The children, as always, were fabulous and modelled the clothes well and through their help raised approximately £300. Our thanks go to the PTA for organising the event and also to the many children who came back to school in the evening to be involved.

The new attendance certificates

Last week we were able to give out 128 Outstanding Attendance Certificates for the first half term. These certificates will now be a regular feature of our school and will go out each half term—so if your child didn't get one last half term—they can aim to get one by the end of this term.

Healthy Lunchboxes

Can I remind parents to ensure that the lunch that your child eats is a healthy lunchbox. It is Important as the food that they eat, directly affects the progress they make in the afternoons. I have attached some information from the NHS website to the back of this newsletter that will give some guidance to you.

Weekly results

Class	Result	League points
Turner	93.79%	1
Picasso	97.24%	3
Matisse	94.67%	6
Monet	97.14%	2
Hockney	97.86%	6
Goldsworthy	95.56%	6
Dali	99.31%	9
Whole school % since the start of the year	96.71%	Lead Class Dali

Attendance League
Well done to Dali Class for winning the Attendance League this week.

Diary dates

27th Nov	School Disco
2nd Dec	Coco Carol Concert
4th Dec	Xmas Bazaar
7th Dec	KS1 Dress rehearsal for Christmas Performance
10th Dec	KS1 Christmas Performance at 2pm & 6pm
14th Dec	Reception Nativity Dress rehearsal
15th Dec	Woodham Tots Nativity 10-11.30am
16th Dec	Xmas dinner & Carols at the Church
17th Dec	Reception Nativity 2-3pm
18th Dec	Last day of term
4th Jan 2016	Back to School
9th-13th May	SATS's Week
5th-8th June	Yr. 6 Residential trip

'WLPS is committed to developing unique and ambitious children who make informed choices and are inspired to reach their greatest potential.'

The Woodham Ley Weekly



Parents' Support Page

As some of you may know, there is now a greater focus on children's Grammar, Punctuation and spelling. We know how hard you work on supporting your child with their weekly spellings and we would also like you to help your child with correcting their grammar.

I thought that if I gave you the main areas of concern, you would be able to work with your child should they use incorrect grammar.

The most common mistakes are:

We was, = we **were**

We/I/he/she/they done *should be* we/I/he/she/they did

The apple what I had = The apple **that** I had

Why don't he go out? = why **doesn't** he go out?

Should/would/could of *should be* should/would/could **have**

I'm not speaking to nobody = I'm not speaking to **anybody**

I caught = I **caught**

I writ = I **wrote**

I weren't very good = I **wasn't** very good

We wasn't very good = we weren't very good

Molly and me went to... = Molly and I went to...

Me and Molly want to... = Molly and I would like to...

I ain't gonna = I'm not going to

Also correcting the omission of letters or mis-pronunciation of words - e.g.

Wa'er = water

Wri'l = Writtle

Somefink = something

Ad enough = had enough

Healthy Lunchboxes

It's just as important to make sure the lunchbox your child takes to school provides as healthy and balanced a lunch as what they would eat at home.

This means plenty of foods that contain the nutrients that children need, and fewer foods high in sugar and saturated fat.

Preparing your child's lunchbox

A balanced packed lunch should contain:

- starchy foods – these are bread, rice, potatoes, pasta and others
- protein foods – including meat, fish, eggs, beans and others
- a dairy item – this could be cheese or a yoghurt
- vegetables or salad and a portion of fruit

Starchy foods are a good source of energy and should make up a third of the lunchbox. But don't let things get boring.

Instead of sandwiches, give kids bagels, pitta bread, wraps and baguettes. Use brown, wholemeal or seeded bread, not white bread.

Get ideas for [healthy starchy foods](#).

Low-fat snacks for kids

Children often like food they can eat with their fingers, so chop up raw veggies such as carrots or peppers and give them hummus or cottage cheese to dip the veggies in.

Breadsticks and wholemeal crackers are great finger foods that can be spread with low-fat soft cheese or eaten with reduced-fat cheddar and pickles.

Replace chocolate bars and cakes with fresh fruit. Vary the fruit each day and get them to try new things, such as kiwi or melon.

You could also make up a tasty fruit salad. Be inventive and encourage your children when they try something new.

Note that dried fruit is no longer recommended as a between-meal snack as it's high in sugar and can be bad for teeth.

If you are putting grapes in the lunchbox, cut these lengthways so as to avoid your child choking.

We at Woodham Ley do not allow any form of nuts due to the allergies that some of our children have.

Here are more ideas for [healthy food swaps](#).

Making healthier food

It may take a while for your children to get used to a healthier lunchbox. But it will be worth it for their health, so keep trying.

You can help by eating a wider range of foods at home as a family. For ideas on how to introduce more fruit and veg into your family's diet, read [5 A DAY and your family](#).

Reading supermarket food labels can help you buy healthier foods for your child's lunch and family meal times. Learn more in [Food and labels](#).

Save chocolate and cakes for occasional treats. Remember to praise your child when they've tried something new to show your encouragement.

You can find lots of ideas for healthy lunches at [Change4Life: healthy lunchbox ideas](#)